



# Central Alabama Aging Consortium

March '26

## Thank you so much for ALL you Donate!



Since early last fall we have been asking for your help with donations of blankets, gloves, hats, scarves and other items for our **Share the Warmth Campaign**. You came through big time! In the middle picture you see just a few of your donated blankets. Our Case Managers and Program Coordinators know well who is in need among our clients. The team has been shuttling your donations to our clients since November. Then, late in February, **Bluewater Broadcasting** created the **Warmth for Seniors campaign** to raise everyday needed items for CAAC. We are grateful to Bluewater, its

sponsors and to all of you who donated everything from warm clothing to personal and household items. We took your donations many places, You can see our Senior Center managers (left) packing items for their clients in need.

Finally, our sister agency **Dementia Friendly Alabama** put on a fundraiser for **our AMES fundraising arm** that funds not only DFA but also other dementia outreach at CAAC. We had a great turnout of folks who paid \$40 each to join DFA for a instructor-led painting class. (right) We cannot operate on just state and federal funds. So, your donations, of material and of money are greatly appreciated and put to good use.

Connect to services by email: [caac.adrc@caac-al.org](mailto:caac.adrc@caac-al.org)

## Meet the Case Manager: Melanie



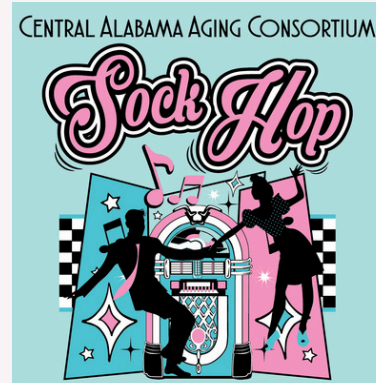
My name is **Melanie** , and I am a Case Manager at CAAC. I have the privilege of walking alongside elderly and disabled individuals

through the Medicaid Waiver Program to help them remain safely and comfortably in their own homes.

I understand how overwhelming it can be for families when a loved one begins to need extra support....and my goal is to make that process feel less heavy and more hopeful.

Whether it's arranging walkers, rollators, shower chairs or transfer benches, coordinating wheelchair ramps and door widening or ensuring access to essential medical supplies such as incontinent supplies, nutritional shakes, etc... Every service that CAAC provides is centered around safety, dignity, and independence. Beyond the equipment and home modifications, what matters most is the person behind the need. I don't see my clients as "files" or "cases". I see mothers, fathers, grandparents, family, and neighbors who deserve compassionate care, respect, and patience. I want them to feel reassured knowing that they are supported by someone who truly cares.

## May Fest '26: Just a Month Away!



We are nearly a month away from the 2026 May Fest party for seniors in Autauga, Elmore and Montgomery Counties. This year the party will be held May 1 at the Cramton Bowl Multiplex in Montgomery.

If you are planning to attend, you need to be aware the Multiplex has strict carry in rules:

- **You may carry only clear plastic bags no larger than 12 inches by 12 inches.**
- **No food or drink may be brought in to the Multiplex.**
- **Prohibited Items: Cans, bottles, coolers, fireworks, horns, whistles, and other hard objects are not allowed.**

Our annual May Fest party is in honor of Older Americans Month the 1965 legislation that is the basis for all subsequent legislation to assist seniors.

This year's theme is a Sock Hop, so get yourselves all set to wear a swirl skirt and pointy toed shoes and comb that DA!