

Central Alabama Aging Consortium

October '25



Celebrating 50 Years of Service and Looking Ahead



Fall is here, and with it comes an exciting season for our agency. This year we are celebrating a special milestone-our agency's anniversary. For half a century, we have proudly served our community in the tri-county area, connecting individuals and families to vital programs, resources, and support. This year is not only a time to honor our past but also to look ahead with excitement at the new opportunities coming in the new year. We're proud of the journey that brought us here, and even more excited about what's ahead.

In the coming year, we're planning a year full of engaging activities and initiatives designed to bring our mission to life in meaningful ways. look Community members can forward to quarterly events. fundraisers, and expanded outreach opportunities. These efforts will not only strengthen our programs but also create more opportunities for community connection and involvement.



Yolanda Evans

Executive Director

. We'll also be adding more acts of community service and creative ways to support our programs and those we serve Through partnerships and volunteer efforts, we will continue to find new ways to support those in need and celebrate the resilience of the people we serve. Whether through advocacy, direct service, or special events, our goal is to provide more pathways for members to connect with resources and with each other.

As we enter this exciting new chapter, we invite you to join us in celebrating 50 years of impact while helping us build a stronger future together. Stay tuned for updates on upcoming events and ways to get involved—we look forward to sharing this milestone year with you.

Here's to celebrating 50 Years Strong: Connecting People, Enriching Lives.

If you have a low income, you could be eligible for a Medicare Savings plan that will put money in your pocket. Call us to see if you qualify





OPEN ENROLLMENT IS UNDERWAY: IT IS TIME TO SIGN UP

HELP US ENTERTAIN OUR SENIORS AT OUR ANNUAL CHRISTMAS PARTY!

Your televisions and Internet ads have been filled with pleas to sign up for Medicare Insurance from every company under the sun. Now it is time for you to make your choices. For weeks we have been telling you that if you plan to stick to your same plan, you need to make sure the insurance company makes no changes to that plan. You should have received a letter from your company telling you what your plan will contain in 2026.

Another thing to know is that the Part B premium will be going up. We expect it will be around \$206 instead of the current \$185. The deductible will be going up as well.

If you plan to choose a plan yourself, register with Medicare.gov and let them guide you through the steps. If you don't have a computer, or you aren't sure what you need, talk it out with a friend or with us. Our SHIP counselor will help you decide what you need and then help you make a comparison between insurance companies. Remember, our counseling is free, and we are unbiased. We do not work for any insurance company.

Central Alabama Aging Consortium is looking for sponsors for our annual Christmas Party which is on December 19. There are a variety of sponsor levels:

Become a Santa level Sponsor for \$3,000. For that you become a partner with CAAC with full mention in all social media posts, newsletters, and videos, two tables at the event, plus prominent placement of your logo throughout the venue. Your representative will be invited to address the expected 600 seniors in attendance.

For \$700 you join our Frosty level, with mention in social media and a venue banner. You also have a table at the event.

Become an Elf Sponsor for\$200 and a door prize. At this level you receive a table at the venue

All of our sponsors receive at least one meal with higher levels receiving two or three meals.

You can fill out a sponsor form on our website:

www.centralalabamaaging.org

Help us fight Dementia. Please donate to the AMES Foundation.

See our website: centralalabamaaging.org