

Family Dynamics in Dementia Care General Course 2 CE Credits

Date: November 15, 2023

Time: 1:00pm-3:15pm

Location: Faulkner University

5345 Atlanta Hwy.

Montgomery, AL 36109

Course Description: This workshop will review the different types of relationships that may be present in the life of an individual living with dementia. A review of family dynamics and exploration of how to identify and assess these dynamics will be reviewed. Additionally, we will explore different ways the professional care partner can work with families while understanding their emotional experiences and help everyone effectively communicate. The overall goal is to ensure meaningful living and quality of life for both the individual living with the illness and the family members. This workshop is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions, as well as case vignette discussions, and a Q&A session at the end.

After attending this course participants will be able to:

- 1. Define and describe family roles.
- 2. Describe how dementia can impact an individual's family and dynamic.
- 3. Apply communication strategies that can assist in supporting the individual and family impacted by this illness.
- 4. Assess family dynamics and their impact on the individual.

Course Agenda:

1:00pm-1:15pm - Registration

- 1:15pm 1:45pm Explore familial dynamics and relationships.
- 1:45pm 2:15pm Identify family roles and how they can change when a family member develops Alzheimer's disease.
- 2:15pm 3:15pm Learn interventions that can help teach families to improve communication and collaboration, practice empathy, an ultimately work as a team to support their loved one.



Program Goals and Target Audience: To educate CCM board-certified case managers, social workers, paraprofessionals, and health care professionals of all levels about dementia care and supporting those affected by dementia-related illnesses.

Content Level: Beginner, Intermediate

Presenter Bio: Jennifer Reeder, LCSW, SIFI

Jennifer Reeder is the Director of Education and Social Services for the Alzheimer's Foundation of America. This includes overseeing AFA's National Toll-Free Helpline staffed by licensed social workers, and community class programs all instructed by various therapists and educators. Ms. Reeder graduated in 2011 from Temple University with a Maters of Social Work, and entered the not-for-profit sector providing in-home therapy to families in the Philadelphia area for over 9 years. She is proud to now be supporting individuals and families affected by Alzheimer's and dementia-related illnesses while providing clinical guidance to the licensed social workers of AFA. She encourages engagement and peer support from attendees, while drawing from real life situations to enhance the learning process.

Fee and Registration Information: Cost is \$FREE and includes 2 CE credits. To begin registration follow this link: <u>Alzheimer's Foundation of America | November 15th CAAC In-Person Training registration form (alzfdn.org)</u>

Course Completion and CE Information

Course completion requirements:

- To receive CE credits and a certificate of completion, attendees must attend the entire course and complete the pre-test and post-test/course evaluation which will be provided at the end of the workshop.
- Certificates of completion will be emailed within 10 business days of course completion.
- With the Approval of the Alabama Board of Examiners of Nursing Home Administrators
- With the Approval of the Alabama State Board of Social Work Examiners
- Recognized by the Alabama Board of Nursing
- Pending approval by the Alabama Board of Assisted Living Administrators

For questions, concerns, or to request special accommodations, please call: 866-232-8484 or email Jennifer Reeder – jreeder@alzfdn.org.